



Saucy Beef Over Rice

1 packet *Dixboro's Own Garden Medley Dip Mix*

(Unprepared)

1 to 2 pounds of beef (round, chuck, or sirloin steak)

2 Tablespoons flour

½ teaspoon ground black pepper

½ cup water

one can (14½ oz) stewed tomatoes, undrained

2 to 3 cups hot cooked rice (or cooked noodles)

Preheat oven to 350°. Rinse meat and place in a 13x9x2 inch baking pan. Sprinkle packet of *Dixboro's Own Garden Medley Dip Mix*, flour, and pepper over meat. Pour water over top and then top with the stewed tomatoes, distributing evenly. Cover with foil and bake about 90 minutes, or until beef is tender.

This dish can easily be prepared the night before and baked the following day!

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